

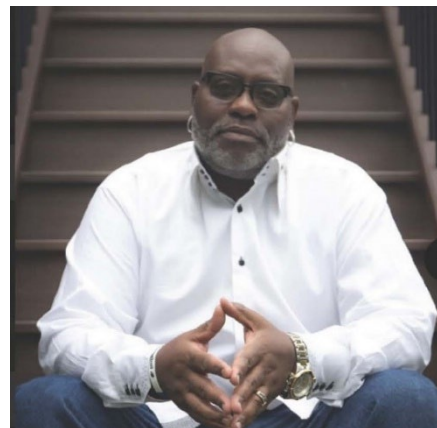
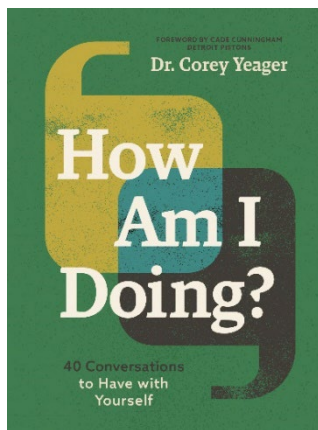


**FOR IMMEDIATE RELEASE**

Date: June 14, 2022  
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**NBA psychotherapist, Harper Celebrate author Dr. Corey Yeager  
to discuss forthcoming book *How Am I Doing?* at ALA Saturday, June 25**

(Nashville, Tenn.) — Harper Celebrate, the newest imprint of HarperCollins Focus, is pleased to present Dr. Corey Yeager, author of *How Am I Doing?: 40 Conversations to Have With Yourself* at the American Library Association's (ALA) spring conference on Saturday, June 25.



**Meet Dr. Yeager Saturday, June 25:**

**11:15 am – 12 pm:** galley signing in Baker & Taylor Booth #2733  
**2:30 pm – 3:20 pm:** in conversation with Harper Celebrate Vice President and Publisher Michael Aulisio on ThinkFit @ ALA Health & Fitness Stage  
**4 pm – 5 pm:** galley signing in Harper Focus booth #1220

In *How Am I Doing?* (hardcover, October 18, 2022) you're invited into a series of conversations with yourself to discover your unique purpose, honor your story, and explore who you want to be. Each of the 40 questions is paired with a short, thoughtful reflection from Dr. Yeager, along with prompts and self-care strategies. *New York Times* bestselling author Lori Gottlieb says, "Dr. Yeager's simple exercises and relatable anecdotes provide a powerful roadmap for better understanding yourself, and in turn, others."

**Dr. Corey Yeager**, psychotherapist for the Detroit Pistons, came to psychotherapy after nearly two decades of playing pro football. Best known for his appearance on Harry and Oprah's *The Me You Can't See* on Apple TV+, Dr. Yeager works diligently to advance meaningful dialogue about race and racism and has facilitated "courageous conversations" across the country with public and private organizations including The Oprah Winfrey Network (OWN), The Smithsonian Institute, The Gersh Agency, and Lola Red.



Launched in May 2021, **Harper Celebrate** is the newest imprint under HarperCollins Focus. Through superior design and sophisticated detail, Harper Celebrate creates a visually striking experience to uplift and beautifully celebrate the people, occasions, interests and gifts in your life. For more information, visit [www.harpercollinsfocus.com/harper-celebrate](http://www.harpercollinsfocus.com/harper-celebrate) or follow us on Instagram, Pinterest and Facebook at @HarperCelebrate.

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